

CHRISTIANNE
fallsvie w spa



SIGNATURE EXPERIENCES

CHRISTIENNE COUPLE'S RETREAT

Your signature couple's journey begins in the luxury and warmth of our couple's suite. The ultimate level of relaxation is enhanced as you receive an aromatic massage infused with a custom blend suited for you. Your journey continues in our luxurious Waterfall Hydrotherapy Couples suite, where an aromatic infused hydrotherapy infinity bath awaits you, surrounded with warmth from the fireplace as you capture the magnificent view overlooking the falls. This experience delivers an unsurpassed level of relaxation.

CHRISTIENNE PURE INDULGENCE FACE AND BODY TREATMENT

This exclusive treatment is a complete escape for your face and body. Slip into our infinity hydrotherapy bath, the ultimate in luxury. The facial has a specific double exfoliation and mask to brighten and soften your complexion. This rejuvenating experience incorporates a massage on your back, arms, hands and feet. This ultimate pampering experience will exceed all of your expectations.

CHRISTIENNE SIGNATURE MANICURE & PEDICURE

This complete and luxurious experience resembles a facial for your hands, arms, feet and lower legs. Cleansed, exfoliated, intensely hydrated with a moisturizing mask and to complete this crème de la crème experience a Perfect Sense Paraffin treatment is the final touch, leaving your skin looking and feeling revived and youthful. Your stresses melt away as you gaze out at spectacular view of the falls.

Unwind and relax with our signature experiences. Nowhere else in the world can you enjoy a hydrotherapy infinity bath while overlooking the falls.



The exclusive home in Niagara to the Guinot line of skincare products

FACIAL EXPERIENCES

SIGNATURE SPA FACIAL

Reawaken your skin with a deep cleansing facial customized especially for you. Your experience is enriched while also enjoying a hand exfoliation and arm massage. These two treatments will leave your skin looking refreshed and polished.

BEAUTE NEUVE

A superb renewing facial to benefit all skin types! This hands-on treatment uses the dual ‘peeling’ effect of fruit acids to gently exfoliate and soften the skin. The results are immediate, visible and lasting. A pure Vitamin C mask completes the experience to leave your skin bright and rejuvenated.

LIFTOSOME

A triple action, Collagen treatment created specifically for firming, lifting and anti-fatigue. During the facial, enjoy the comfort of warmth that this thermal treatment offers. On completion of the treatment, the skin is instantly firmer, more youthful and fine lines are minimized.

AROMATIC FACIAL

A customized aromatic facial using a multitude of essential oils and plant extracts to suit your specific skin care needs. This thoroughly relaxing facial will leave your face, mind and spirit re-energized and invigorated.

HYDRADERMIE DOUBLE IONISATION

Internationally recognized as one of the most technologically advanced treatments and is deeply penetrating and aims to correct skin concerns from the inside out. This “star facial” is tailored to the needs of your skin and beauty goals, providing optimal hydration and oxygenation. Your face appears remarkably rested, serene and you feel a total sense of well-being with a healthier, smoother and younger looking skin.

Not suitable for pregnant woman, clients with heart problems, metal implants (plates or pins).

HYDRADERMIE LIFT

This Guinot exclusive facial provides a “youth revolution.” By stimulating your facial muscles this facial experience reveals new tone and definition of your facial contours, minimizing fine lines and wrinkles. This rejuvenating treatment leaves you with a glowing more radiant complexion that feels firmer and lifted.

Not suitable for pregnant woman, clients with heart problems, metal implants (plates or pins).

MEN’S EXECUTIVE FACIAL

Tailored to suit his special skin care needs, this customized facial experience will leave your skin looking rejuvenated, healthy and youthful.

MASSAGE EXPERIENCES

RELAXATION (PERFORMED BY SPA THERAPIST)

A traditional massage using light to medium pressure to inspire relaxation, relieve tension and create a heightened sense of well-being.

STRESS RELIEF (PERFORMED BY RMT)

The ultimate customized, medium-pressure massage, designed for the sole purpose of stress relief. Focuses on all main tension points, head, neck, shoulders and back.

DEEP TISSUE (PERFORMED BY RMT)

Recommended for individuals who desire detailed bodywork. Firm pressure and kneading movements help to relieve stressed muscle areas, from injuries to repetitive use.

MOTHER-TO-BE (PERFORMED BY RMT)

Focuses on the unique needs of the mother-to-be during this special time in her life. Helps her to truly relax and relieves tension and tightness.

HOT STONE (PERFORMED BY RMT OR SPA THERAPIST)

This specialty massage is enhanced with the warmth of basalt hot stones as an extension of your therapists own hands or by placing them intricately on key body points. This experience is the ultimate in relaxation as the heat penetrates deeply into the muscles.

NECK, BACK AND SHOULDER (PERFORMED BY RMT)

Specifically designed to relieve discomfort from areas of the body most affect by tension and stress.

BODY EXPERIENCES

AROMATIC BODY CONTOURING TREATMENT

This anti-cellulite and slimming treatment begins with the smoothing body scrub. Following the exfoliation to reveal soft smooth skin, the body is enveloped with a warming contouring sauna mask to drain toxins. A deep customized massage will bring the whole body to a state of deep relaxation and rejuvenation.

MARINE HOLISTIC INDULGENCE

This complete head to toe experience will begin with a divine soak in our hydrotherapy tub followed by a full body scrub. Our therapists will then apply our most intensive detoxifying marine seaweed to localized areas for a targeted body cleanse. You will then enjoy a customized facial experience to bring you to a state of full relaxation and wellness. Your face and body will soak up the pure benefits of marine skincare and give you the remarkable balance and healthy glow that you deserve.

MINERAL FUSION WRAP

Allow yourself to come down from everyday stress and experience this relaxing, softening and re-mineralizing treatment. Enjoy a natural sea salt body exfoliation followed by a concentrated mineral rich body wrap. This marine cocoon gel will replenish the body's necessary minerals and infuse your skin with rich marine oils and extracts, leaving you relaxed, re-energized and velvety soft.

DETOX REMEDY WRAP

Plunge into this warming full body marine wrap and experience the benefits of detoxification through natural active seaweed. After a full body sea salt exfoliation, you will enjoy a warming seaweed mud wrap, which releases toxins and cleanses the body. Your journey continues as you immerse yourself into our hydrotherapy infinity tub where your skin will continue to soak in the elements and nutrients of the wrap. Your experience will be completed by the application of hydrating body milk, leaving your skin feeling revitalized & rejuvenated.



SPA EXPERIENCE PACKAGES

PICTURE PERFECT

Enrich your skin and awaken your senses as you enter the treatment room, the welcoming fragrance of essential oils welcome you on a wonderful voyage to serenity and well-being. The beautiful scents sweep you away as your journey continues on to your manicure and pedicure, your senses are uniquely invigorated.

- Aromatic Body Glow
- Aromatic Facial
- Essential Manicure
- Essential Pedicure

ULTIMATE EXPERIENCE

This ultimate spa escape begins with a relaxing custom massage. Continued with a Beaute Neuve Facial with fruit acids and Vitamin C. End your spa visit with our Essential Manicure and Pedicure enriched with a hydrating massage.

- Relaxation Massage (25 minutes)
- Beaute Neuve Facial
- Essential Manicure
- Essential Pedicure

PURELY ESSENTIAL

The welcoming fragrance of essential oils great you as you enter your treatment room. A rejuvenating experience that is complimented with our Essential Manicure and Pedicure performed as you gaze out to the spectacular view.

- Aromatics Facial
- Essential Manicure
- Essential Pedicure

PERFECT TRIO

What could be more perfect than this trio experience.

- Relaxation Massage (25 minutes)
- Essential Manicure
- Essential Pedicure

COUPLES EXPERIENCE PACKAGES

REFRESH AND RENEW

Welcome a complete rejuvenation of mind, body and soul. This experience features a side by side couples massage in our luxurious couples suite to balance the senses and pamper you and your loved one.

Couples Massage (55 minutes)

ULTIMATE INDULGENCE

Each Spa experience is a journey, and this journey offers indulgence from head to toe. A side by side couples massage sets the tone, followed by a signature facial and essential pedicure for the ultimate in luxury.

- Couples Relaxation Massage (25 minutes)
- Signature Spa Facial
- Essential Pedicure

SIMPLY US

The essential couples experience. A soothing custom aroma welcomes both of you to an experience designed to result in pure relaxation. This journey includes a couples massage and an aromatic facial.

- Couples Relaxation Massage (55 minutes)
- Aromatic Facial

JUST THE TWO OF US

Pamper your relationship with this ultimate journey as you embrace the moment of peace and tranquility with the one you love.

- Liftosome Facial
- Executive Facial
- Christienne Signature Pedicure

Journey together as you reconnect in perfect harmony while overlooking the majestic Falls. Enjoy side-by-side services in a room designed for two.



Allow the view to take you away on a journey of relaxation and tranquility

MANICURE & PEDICURE

ESSENTIAL MANICURE

Your hands are soaked, nails shaped, cuticles trimmed and hydrated, relaxing arm & hand massage, your selection of polish adds the finishing touch.

ESSENTIAL PEDICURE

Feet are soaked, calluses buffed, cuticles trimmed and hydrated, nails shaped, relaxing lower leg and foot massage, your selection of polish adds the finishing touch.

CHRISTIENNE SIGNATURE MANICURE

This complete and luxurious experience resembles a facial for your perfectly manicured hands which will be exfoliated, intensely hydrated with a moisturizing mask and to complete this experience a Perfect Sense Paraffin treatment is the final touch, leaving your hands looking and feeling revived and youthful.

CHRISTIENNE SIGNATURE PEDICURE

Pamper your dried, cracked and tired feet with this ultimate experience as we exfoliate, intensely hydrate and apply a Perfect Sense Paraffin treatment, your feet will look and feel softer and smoother.

GENTLEMEN'S MANICURE

Allow us to pamper those tired, sore and over worked hands, which will once again feel soft and silky smooth. Includes Paraffin Treatment

GENTLEMEN'S PEDICURE

Indulge yourself and enjoy as you unwind and relax while taking in the breathtaking views of the falls and leave your feet to us. Includes Paraffin Treatment

TINTING & WAXING

Full waxing services are available, please refer to the treatment insert.

SPA GUIDELINES

SPA CHECK-IN

In order to enhance your experience with us we recommend that you arrive at least 25 minutes prior to your appointment to begin the relaxation journey. Treatment time will be reduced for late check-in as respect towards our next spa guest.

ENHANCING YOUR SPA JOURNEY

Christienne Fallsview Spa experiences last at least an hour, as with everything worthwhile, there are no shortcuts to an outstanding spa experience. We are passionate about taking all the time you need to find your energy.

SPA ENVIRONMENT

Christienne Fallsview Spa is an Adult Sanctuary. Guests must be 18 years of age. Cell phone, Blackberry or other electronic devices are not permitted in order to keep the spa area quiet and to protect your privacy. Should you wish to receive messages during your time with us, please let our spa staff know and we'd be happy to assist you.

RESERVATIONS

To make reservations call 905-374-4445 ext. 4555 or email christiennespa@niagarafallshotels.com. Advance reservations are recommended to accommodate your preferences. Our knowledgeable Spa Experience Coordinators are delighted to guide you to the journey that best suits your needs.

CANCELLATION POLICY

Treatments are reserved especially for you. We kindly request a 24 hour notice of cancellation or reschedule to avoid a full service charge.

HEALTH MATTERS

Please inform us of any health conditions at the time of booking your appointment. These include high blood pressure, heart condition, allergies or pregnancy. Also, consumption of alcohol before, during or directly after spa treatments is not recommended.